

International Audit & Feedback MetaLab Meeting: Putting A&F into real world practice

Does Audit & Feedback Improve Surgical Quality In Non-Muscle Invasive Bladder Cancer?

Steven MacLennan, Kevin Gallagher, Param Mariappan, Veeru Kasivisvanathan & RESECT study group





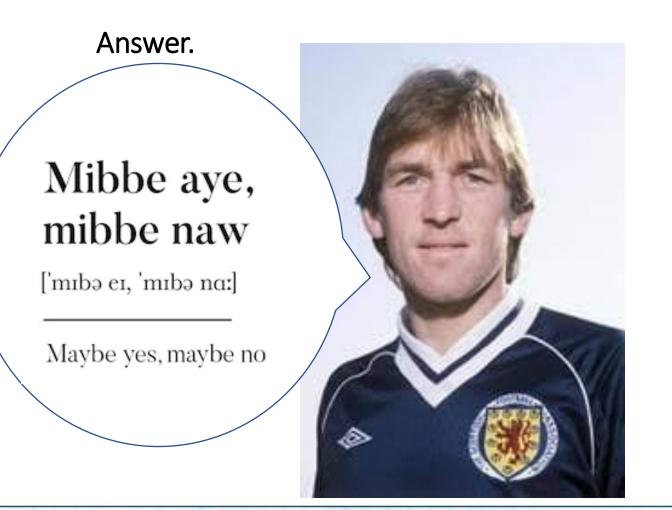






Question.

Do patients with NMIBC receive recommended bladder instillations?









Evidence and guidance

and progression"

EUROPEAN UROLOGY 69 (2016) 231-244

available at www.sciencedirect.com journal homepage: www.europeanurology.com



Platinum Priority - Guidelines Editorial by J. Alfred Witjes on pp. 245-246 of this issue

Systematic Review and Individual Patient Data Meta-analysis of **Randomized Trials Comparing a Single Immediate Instillation of Chemotherapy After Transurethral Resection with Transurethral** Resection Alone in Patients with Stage pTa-pT1 Urothelial Carcinoma of the Bladder: Which Patients Benefit from the Instillation?

Richard J. Sylvester^{a,*}, Willem Oosterlinck^b, Sten Holmang^c, Matthew R. Sydes^d, Alison Birtle^e, Sigurdur Gudjonsson^f, Cosimo De Nunzio^g, Kikuo Okamura^h, Eero Kaasinenⁱ, Eduardo Solsona^j, Bedeir Ali-El-Dein^k, Can Ali Tatar^l, Brant A. Inman^m, James N'Dowⁿ, Jorg R. Oddens^o, Marek Babjuk¹

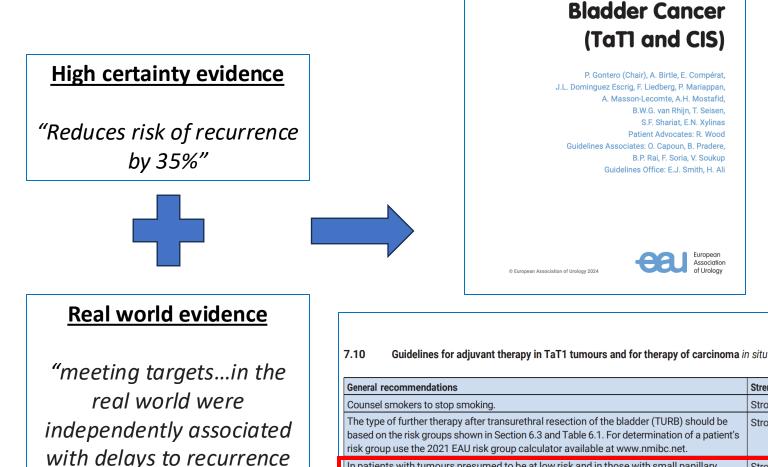
EUROPEAN UROLOGY ONCOLOGY xxx (xxxx) xxx-xxx available at www.sciencedirect.com journal homepage: euoncology.europeanurology.com

European Association of Urology

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Achieving Benchmarks for National Quality Indicators Reduces **Recurrence and Progression in Non-muscle-invasive Bladder Cancer**

Paramananthan Mariappan^{a,b,*}, Allan Johnston^c, Matthew Trail^d, Sami Hamid^d, Graham Hollins^e Barend A. Dreyer^f, Sara Ramsey^g, Luisa Padovani^a, Roberta Garau^a, Julia Guerrero Enriquez^h, Alasdair Boden¹, Gianluca Maresca¹, Helen Simpson¹, Rami Hasan^{a,e}, Claire Sharpe^k, Benjamin G. Thomas^{Lr}, Altaf H. Chaudhry^k, Rehan S. Khanⁱ, Jaimin R. Bhatt^c, Imran Ahmad^{cm}, Ghulam M. Nandwani^d, Konstantinos Dimitropoulos^j, Lydia Makaroff^{n,o}, Johnstone Shaw^p, Catriona Graham⁹, David Hendry^c, for the members of the Scot BC Quality OPS Clinical Collaborative



In patients with tumours presumed to be at low risk and in those with small papillary Strong recurrences (presumably Ta LG/G1) detected more than one year after previous TURB, offer one immediate single chemotherapy instillation.

EAU Guidelines on

European Association

Strength rating

Strong

Strong

Non-muscle-invasive





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Study rationale

NMIBC: high recurrence rates, costly to treat, burdensome for patients & families/carers

Surgical 'quality' improves NMIBC outcomes – what is 'quality'?

Evidence based quality indicators:

- Tumour documentation
- Resection documentation
- Detrusor muscle in sample
- Single instillation of intravesical chemotherapy (SI-IVC)

Variable SI-IVC practice:

Scotland (QPIs): 16%-90% (2016)

Europe: 22% (France) to 61% (UK)

USA: 0.3% to 50%

Why does practice vary?







Why does practice vary?



UROLOGIC ONCOLOGY

Urologic Oncology: Seminars and Original Investigations 38 (2020) 774-782

Review Article Low compliance to guidelines in nonmuscle-invasive bladder carcinoma: A systematic review

Keiichiro Mori, M.D.^{a,b}, Noriyoshi Miura, M.D.^{a,c}, Marek Babjuk, M.D.^d, Pierre I. Karakiewicz, M.D.^e, Hadi Mostafaei, M.D.^{a,f}, Ekaterina Laukhtina, M.D.^{a,g}, Fahad Quhal, M.D.^{a,h}, Reza Sari Motlagh, M.D.^a, Benjamin Pradere, M.D.^{a,i}, Shoji Kimura, M.D.^b, Shin Egawa, M.D.^b, Shahrokh F. Shariat, M.D.^{a,d,g,j,k,l,m,n,*}

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Quality Indicators for Bladder Cancer Services: A Collaborative Review

Jeffrey J. Leow^{*a,b,c*}, James W.F. Catto^{*d*}, Jason A. Efstathiou^{*e*}, John L. Gore^{*f*}, Ahmed A. Hussein^{*g,h*}, Shahrokh F. Shariat^{*ij,k,l,m*}, Angela B. Smith^{*n*}, Alon Z. Weizer^{*o*}, Manfred Wirth^{*p*}, J. Alfred Witjes^{*q*}, Quoc-Dien Trinh^{*c,**}

BJU Int 2021; 128: 225-235 doi:10.1111/bju.15336



Original Article

What influences adherence to guidance for postoperative instillation of intravesical chemotherapy to patients with bladder cancer?

Jennifer Dunsmore¹, Eilidh Duncan², Paramananthan Mariappan³ (b), Marijn de Bruin^{4,5}, Sara MacLennan¹, Konstantinos Dimitropoulos^{1,6}, Veeru Kasivisvanathan⁷, Hugh Mostafid⁸, Alberto Briganti^{9,10}, James N'Dow^{1,6,10} and Steven MacLennan¹ (b)

Theoretical Domains Framework (TDF) informed interview study

Critical case study approach (high, medium, low QPI achievement [Scotland] +

opportunistic sampling [England])

Developed typical patient pathway with interviewees + TDF informed interview study

UK specific (consultants, registrars, nurses at each site)

Barriers & Facilitators to single instillations (prescribing & instilling as discrete

behaviours)







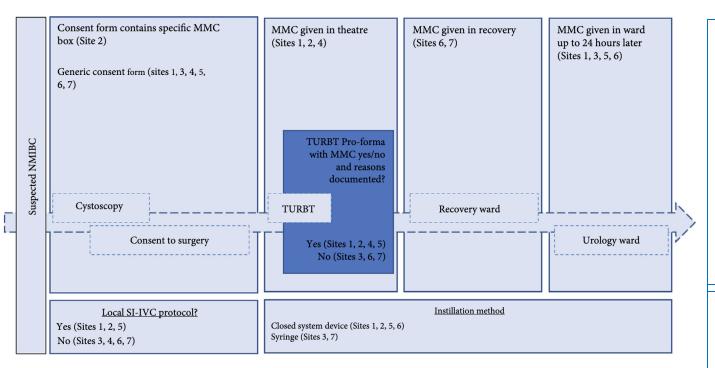
BJU Int 2021; **128:** 225–235 doi:10.1111/bju.15336

Original Article



What influences adherence to guidance for postoperative instillation of intravesical chemotherapy to patients with bladder cancer?

Jennifer Dunsmore¹, Eilidh Duncan², Paramananthan Mariappan³ (b), Marijn de Bruin^{4,5}, Sara MacLennan¹, Konstantinos Dimitropoulos^{1,6}, Veeru Kasivisvanathan⁷, Hugh Mostafid⁸, Alberto Briganti^{9,10}, James N'Dow^{1,6,10} and Steven MacLennan¹ (b)



Barriers

- MMC storage & delivery (ward v pharmacy)
- Timing (immediately v in recovery = opportunity loss)
- Key influence of lead (e.g. not convinced of the evidence/benefits)
- Concern about perforations
- Increases workload
- Not enough trained staff

Facilitators

- Easy to use instilling devices
- Documentation (reminders in consent forms, op notes)
- QPI programme (Scotland don't like missing targets, accounting reasons, improvment plans)







Intervention development map

TDF (from our interview study)	COM-B	Intervention Functions	Behaviour change techniques	<u>Theories</u>
BaCap/BehReg: QPIs (in Scotland)	RefMot	Persuasion	Feedback on 2.2 Behaviour (+ 2.7. Outcomes?) + 6.2 Social Comparison	Kluger & DeNisi- FIT
BaCons: Up front v. future workload	RefMot	Education; Persuasion; Modelling	Info about 5.1 health + 5.3 Soc & Env cons (+9.3 comparative future outcome?)	Locke & Latham – Goal
BaCap: Not confident to instil	RefMot	Education; Persuasion; Modelling	4.1 Instruct on how + 6.1 Demo on how	setting
EnvCR: Paperwork variations	PhyOp	EnvRestruc; Enablement	12.1 Restruc Phys Env + 12.5 Adding Ob to env	Carver & Schrier/Abrahams
BehReg: Proforma aids planning	PsyOp	EnvRestruc; Enablement	4.1 Action Planning	& Michie - Control theory
MemAtDe: Proforma prompt +remind	PsyOp	EnvRestruc; Enablement	12.1 Restruc Phys Env + 12.5 Adding Ob to env + 7.1 Propts/Cues	Bandura - Social Cognitive
<u>From other sources</u>	-	-	-	Theory (facilitation,
Knowledge: of guidelines	PsyCap	Education	Info about 5.1 health + 5.2 Soc & Env cons	modelling)
BaCons: Concern about side effects	RefMot	Reinforcement	9.3 Comp imagine future outcome?	Convey; Riet – framing
BaCons: Unconvinced about Guidelines	RefMot	Education; Persuasion; Modelling	Info about 5.1 health + 5.3 Soc & Env cons + 9.1 credible source	Brown et al – CP-FIT

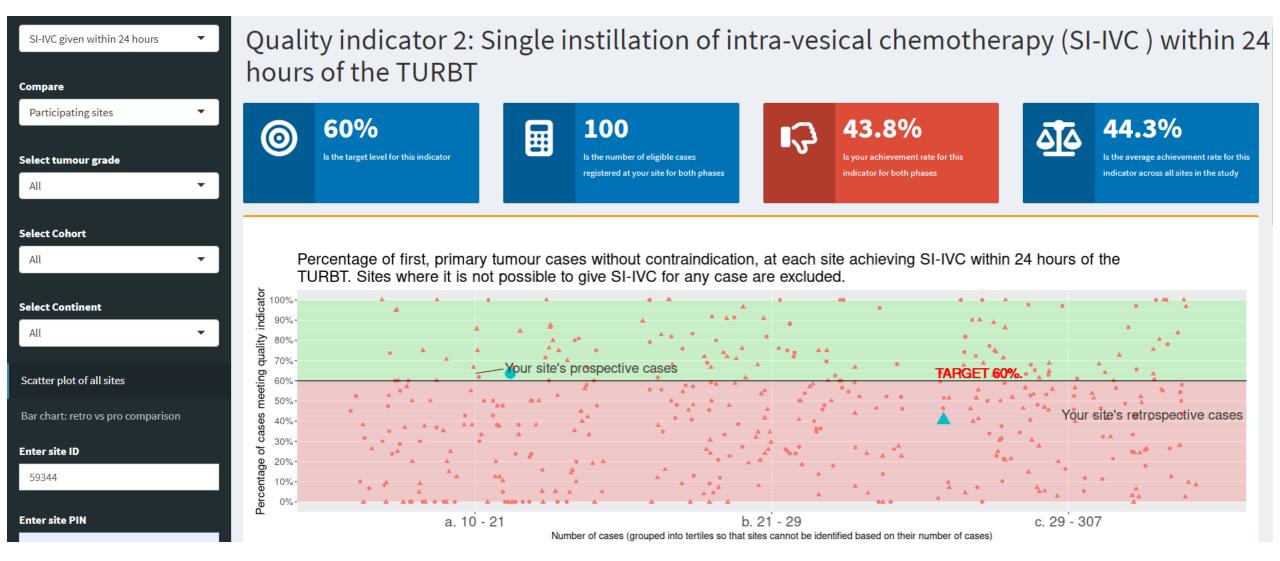
Potential effect modifiers

Pre-existing National QPI programme (Scotland); Baseline QPI attainment (room for improvement); Pre-existing Pro forma/checklists in use; In-theatre instilling policy ('easier to give SI-IVC'); Dedicated TURBT theatre list & Specialist (vs trainee) lists





ABERDEEN Dashboard (a)









Guideline & evidence reminder

Behavior change statement addressing beliefs about consequences

Rationale

for targets

Why give SI-IVC? High level evidence shows that SI-IVC reduces the risk of recurrence by 35% (HR 0.65 [95%CI 0.58-0.74]) and 5-year absolute recurrence rates by 14% (from 59% to 45%) in patients presumed to be at low or intermediate risk of recurrence

(expected EORTC recurrence score < 5) (Sylvester et al 2016).

Urology staff note that due to competing demands, instilling SI-IVC can be difficult to achieve in theatre or on the recovery or urology ward (Dunsmore et al 2021). However, it is important to remember that patients who receive SI-IVC are less likely to have a recurrence or require a repeat TURBT which will reduce both the department's future workload, and yours. This will also save costs (Fiefer et al 2010).

Guidelines Strongly Recommend that patients with tumours presumed to be at low risk and in those with small papillary recurrences detected more than one year after previous TURBT, should be offered one immediate chemotherapy instillation (Babjuk et al 2019).

What should we aim for? Given it is not possible to accurately predict grade for all tumours at first TURBT (Mariappan et al 2017), aiming to give SI-IVC in at least 60% of your site's TURBTs will reduce early recurrences and 5-year recurrence rates.

Please access the individual case report using the reports module in the left hand panel in REDCap (requires REDCap access - if you are not a study collaborator please contact the lead collaborator at your site if you wish to have access to the case lists). You can identify which cases did not have SI-IVC and by clicking on the record ID in the report, go into the record and review details of the case

How can we improve? You can implement evidence based strategies to improve SI-IVC instillation rates (Dunsmore et al 2021)

- Include "+/- post-operative intravesical chemotherapy" on the theatre booking request/ operation name.
- Include in patient consent process pre-operatively.
- Include in theatre briefing.
- Include statement on operative proforma to be completed for all patients "For SI-IVC yes/no". An example TURBT operative proforma can be downloaded here.
- Surgeon (or trainee) to complete prescription and drug order if SI-IVC not given in theatre.
- Resources and infrastructure to consider:
 - Surgeons or trainees complete instillation in theatre or recovery if possible
 - Trained nurses for SI-IVC instillation if not done in theatre
 - Use of pre-mixed "closed system" devices to reduce cytotoxic risk
 - Dedicated pharmacist/ liaison pharmacist

Strategies for improvement

Access to reporting proforma

Can we review the cases to get more detail? You can use the case report summary in the left hand panel in REDCap to see the individual cases at your site that make up this quality indicator outcome.







JMIR RESEARCH PROTOCOLS

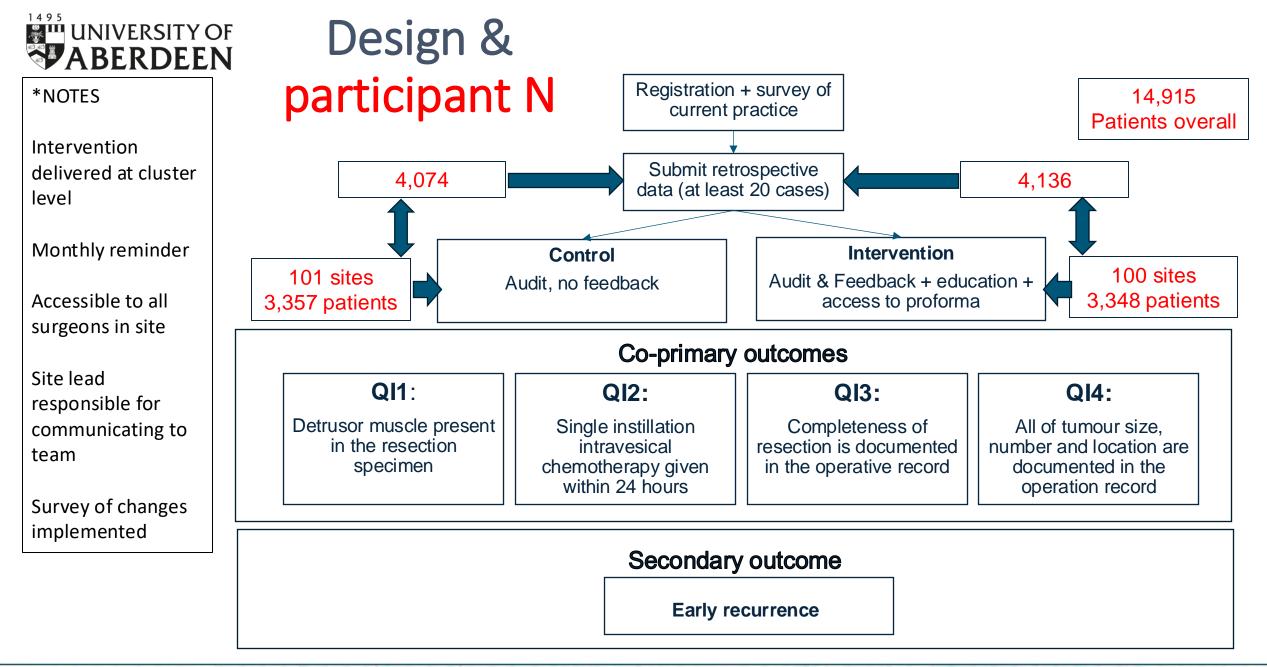
Protocol

Audit, Feedback, and Education to Improve Quality and Outcomes in Transurethral Resection and Single-Instillation Intravesical Chemotherapy for Nonmuscle Invasive Bladder Cancer Treatment: Protocol for a Multicenter International Observational Study With an Embedded Cluster Randomized Trial

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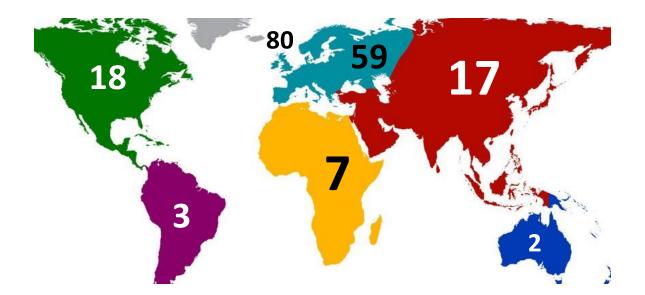






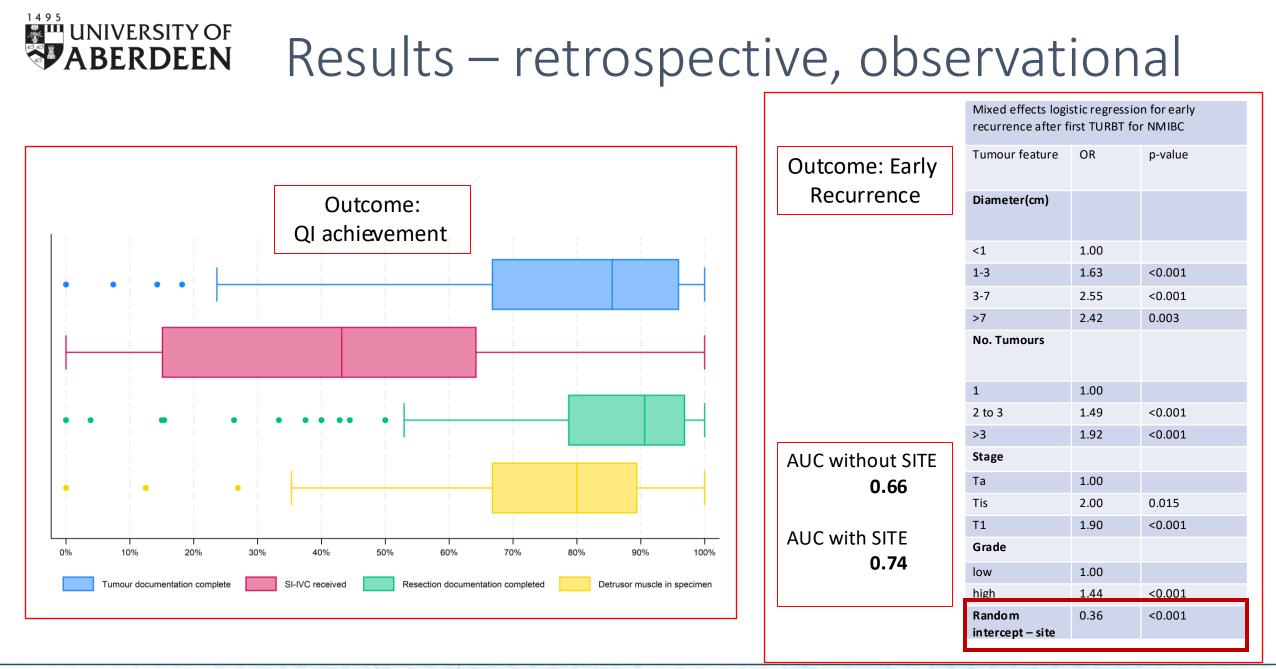






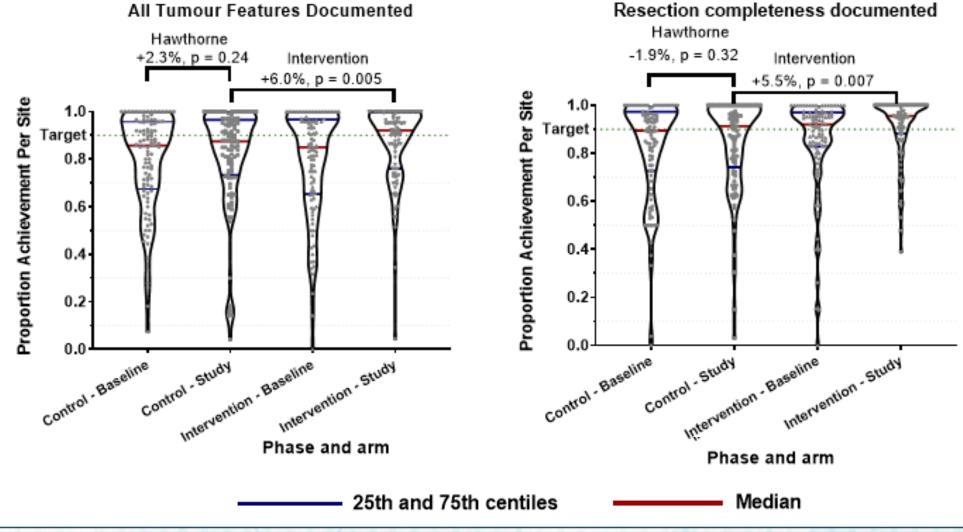






RESECT

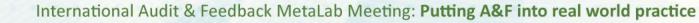
ABERDEEN QI Results – cluster RCT





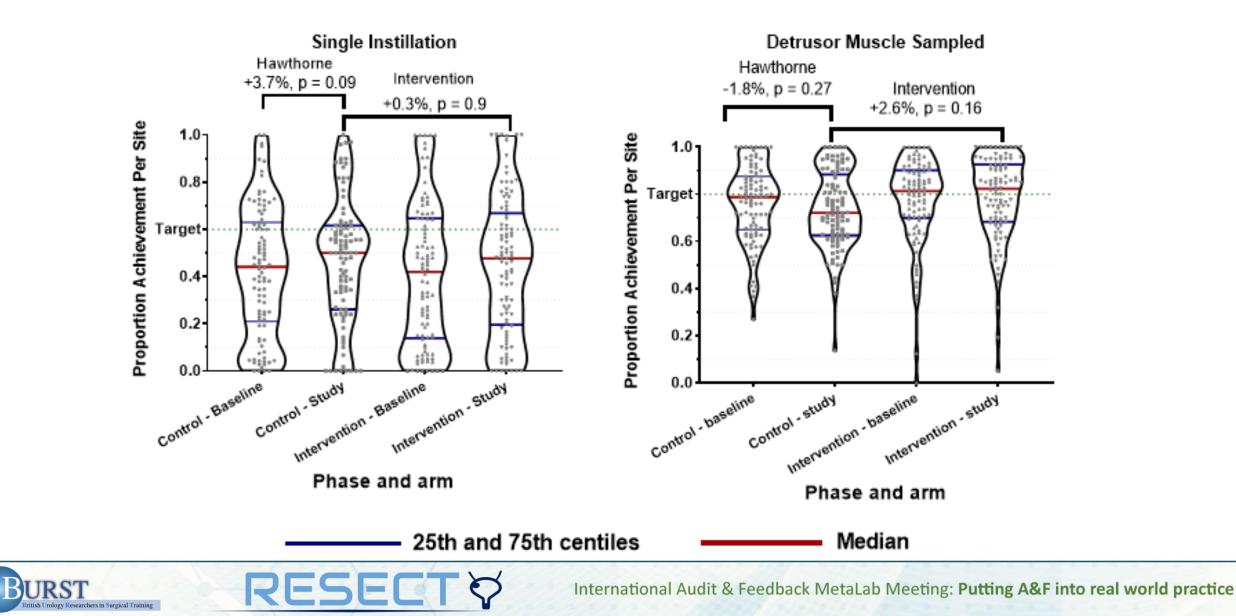
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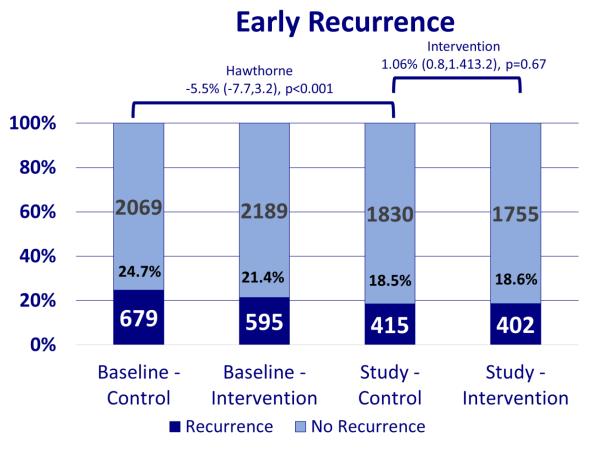


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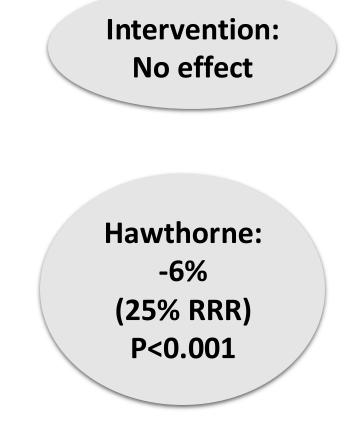
QI Results – cluster RCT



ABERDEEN Recurrence Results – cluster RCT



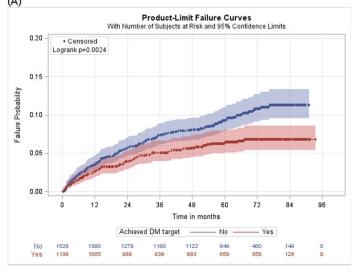
Intervention: No effect | Hawthorne: Sig benefit

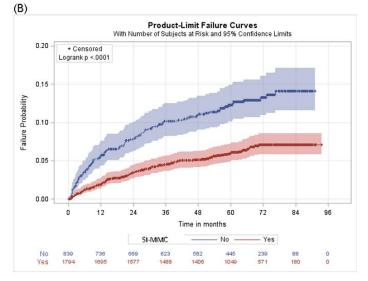


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Achieving Benchmarks for National Quality Indicators Reduces Recurrence and Progression in Non-muscle-invasive Bladder Cancer

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Paramananthan Mariappan^{a,h,*}, Allan Johnston^c, Matthew Trail^d, Sami Hamid^d, Graham Hollins^e, Barend A. Dreyer^f, Sara Ramsey^g, Luisa Padovani^a, Roberta Garau^a, Julia Guerrero Enriquez^h, Alasdair Boden¹, Cianluca Maresca¹, Helen Simpson¹, Rami Hasan^{a,c}, Claire Sharpe^k, Benjamin G. Thomas^{1,r}, Altaf H. Chaudhry^k, Rehan S. Khanⁱ, Jaimin R. Bhatt^c, Imran Ahmad^{c,m}, Ghulam M. Nandwani^d, Konstantinos Dimitropoulos¹, Lydia Makaroff^{m,o}, Johnstone Shaw^p, Catriona Graham^a, David Hendry^c, for the members of the Scot BC Quality OPS Clinical Collaborative

NMIBC & National QPIs

QPI Program embedded in national

framework (NHS Scotland)

QPIs improvements over time

DM in sample & SI-IVC both

associated with reduced recurrence

AND progression @ 5 years

Fig. 4 – Time to progression between (A) Centres achieving the DM target and those that did not, and (B) Patients who received SI-MMC and those who did not. DM = detrusor muscle; SI-MMC = single instillation of Mitomycin C.





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Conclusions

Audit & feedback + education + access to reporting proforma v audit participation alone:

- improves tumour documentation
- improves resection documentation
- no impact on SI-IVC
- no impact on DM sampling

Audit participation appears to reduce recurrence rates (mechanism unclear: more mindful surgery?)

Variation in improvements across sites

• Process evaluation required?

Learning from implementation science:

- Mean baseline achievement was relatively high in 3/4 QIs (celling effects?)
- Contamination? Some sites in control arm started using proforma
- Did participants watch the surgery educational videos? Then what?
- Dynamic dashboard vs e.g. monthly reports showing trends
- In contrast to Scottish QPI program:
 - No consequences (no improvement plans, escalation, no public report)
 - No centralized/visible leadership,
 - Short term v long term, mandated process

RESECT & Scottish QPIs provide evidence that auditing TURBT quality can improve guideline adherence and patient outcomes.

National audits using simple feedback tools have potential to improve NMIBC outcomes through improving quality







Thanks to study funders – unrestricted grants with no influence in design or reporting

Thanks to the HSRU and AUU Aberdeen for statistical and implementation science supervision; and to the RESECT steering group, BURST and the RESECT collaborators for delivering an ambitious study.