

Applying Implementation Science for Improved Uptake and Sustainment of Innovations in Chronic Pain Care

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Aim

Support the systematic uptake of evidence-based innovations created through the **Chronic Pain Network** into routine clinical practice.

Methods

A programmatic approach informed by Implementation Science, in collaboration with people with lived experience.

Results

Delivery and evaluation of implementation strategies tailored to optimize the uptake and sustained use of evidence-based innovations into clinical care in Canada

The systematic and sustained implementation of innovations emerging from chronic pain research in Canada can benefit Canadians living with chronic pain.

Overarching Approach: 4 Steps		Implementation Science Tools
Step 1	Who needs to do what differently?	Action, Actor, Context, Target, Time
Step 2	Which barriers and enablers need to be addressed?	Theoretical Domains Framework
		Capability Opportunity Motivation - Behaviour
		Consolidated Framework for Implementation Research
Step 3	Which intervention components could overcome the modifiable barriers and enhance the enablers?	Behaviour Change Technique Taxonomy (v1)
		Behaviour Change Ontology
		Behaviour Change Wheel
		Expert Recommendations for Implementing Change
Step 4	How will we measure change in implementation?	Implementation trials
		Process evaluations

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